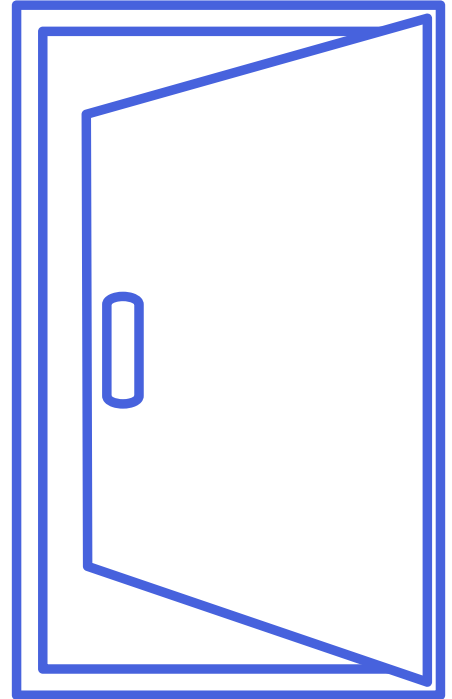


*Open Doors for
Lanark Children and Youth*

ANNUAL REPORT

2017/2018



*Your life can be
different. Let's
talk.*

www.opendoors.on.ca

Message from the Executive Director & Board Chairperson

Dear partners and community members

Open Doors for Lanark Children and Youth has been part of our communities in Lanark County for 22 years delivering multidisciplinary mental health services to children, youth and their families. When this organization began to deliver service, it would not have been unusual for anyone with mental health issues to keep them secret from others. Thankfully people's attitudes and beliefs are changing.

This Report will celebrate the emerging story of child and youth mental health services in Lanark County over the past year. We are proud of the contributions of the volunteers, our staff, collaborating partners and most of all, the children, youth and families with whom we have worked to overcome mental health issues. Bravo one and all!

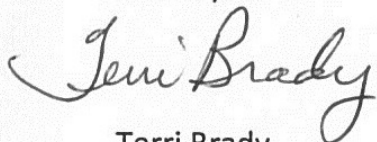
The work that was delivered with over 1,400 service participants during this past year was offered within the context of the "Moving on Mental Health" provincial strategy for child and youth mental health. Among the most appreciated changes experienced through this strategy has been that it has brought us into closer partnership with Children's Mental Health of Leeds Grenville. Together, our two organizations are working diligently to align our programs and advance best practices to improve collaboration with child serving organizations, establish pathways with partners in healthcare including Kingston's Hotel Dieu Hospital and Ottawa's Children's Hospital of Eastern Ontario, as well as building capacity to provide mental health and addictions intervention to those in need of such service. Our shared vision is that regardless of the community, every child and youth will have access to mental health services. The staff of Open Doors for Lanark Children and Youth is also engaging in innovations that will ultimately deliver caring and healing service. Of greatest importance is our commitment to demonstrating quality in the service that we provide. Our commitment to evidence-based service that builds collaborative relationships with those coming for service has been an ongoing process that is now fully implemented. There has also been investment in professional development that has immersed our clinical programs in evidence-based practices that are known to make a positive difference in the lives of children and youth. Our efforts are also focused upon re-invigorating the relationships that we share with youth and parents so that there will be a sense of partnership in designing and delivering programs that matter to our community members.

Open Doors for Lanark Children and Youth is committed to being in-step with the growing acceptance and empathy shown to those in our community who are dealing daily with mental health issues. We are moving increasingly into the community as a partner in our collective efforts to change the view of mental health. We are proud of the commitment demonstrated by our municipal partners who have shone green lights as reminders of the presence of people with mental health issues in our communities. Our newsletter is being distributed broadly as the number of views of our on-line presence grows as well. We have been recognized by the Carleton Place Chamber of Commerce as a community contributor and look to being recognized similarly in other communities.

Ultimately, the commitment of municipalities, business owners, partnering child and youth services and every person in the community to embrace those who are daily impacted by mental health issues will make the difference. We, at Open Doors for Lanark Children and Youth will continue to provide the

mental health interventions for those in need. The support, encouragement and acceptance of everyone in our community makes it is easier to deliver these services for children, youth and families.

Thank you



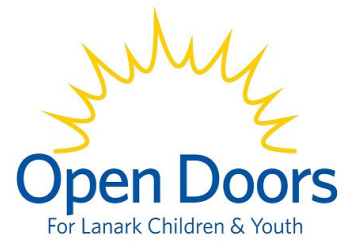
Terri Brady
Board Chairperson



Kevin Clouthier
Executive Director



who we are



Open Doors for Lanark Children and Youth is the accredited child and youth mental health centre delivering service throughout Lanark County. Our staff members are highly trained professionals in the fields of family therapy, child and youth counselling and early childhood education. Professionalism is assured as each staff is a member of a regulatory college including Ontario College of Social Work and Social Services, and the Ontario College of Psychotherapists. Each staff member is dedicated to improving the mental health and wellbeing of children, youth and families. When necessary, we arrange for consultation with other mental health professionals in other organizations to secure the most appropriate services to assist children and youth to be healthy. We believe that each child, youth and parent/guardian possesses the strengths and resources to be successful.



PHONE/EMAIL

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admincp@opendoors.on.ca

Smiths Falls office: 613-283-8260

adminsfs@opendoors.on.ca

Perth Office: 613-264-1415

adminperth@opendoors.on.ca

FACEBOOK /OpenDoorsforLanarkChildrenandYouth/

INSTAGRAM @OPENDOORSCYMH

YouTube @open doors

TWITTER @OPENDOORSCYMH



Our Staff

April 1, 2017- March 31, 2018



Administrative Coordinators

Joan McDougall*
Joan Howe*
Katrina Larocque
Pat Sargent
Sarah Cavanagh

Early Years Team

Sheila Bains
Rob Burns
Devin Bartlett*

Organizational Services Admin

Laura Scott

Parents First

Megan Cosham

Executive Director

Kevin Clouthier

Quick Response Team

Bob Beckwith
Cheryl Westlake
Jessie Burnie

Building Bridges Program

Katy van Dorsser
Aprill Cole
Kaili Warmington

Family Resource Team

Colin Cleroux
Sheryl Fisher
Leslee Robillard

School Program

Becky Owen

Casual Admin Team

Cathy Clarke
Natalie Smit
Holly Glofcheskie

Intake Team

Erin McMurtry
Rebecca Carnochan

Students

Megan Cosham
Carly Sparling
Morgan Smith
Terrilee Kelford

Clinical Director

Karen Moore

Lanark Planning Council

Jane Torrance

Manager of Organizational Services

Julia Gamble*
Jane McKerroll

Team Leaders

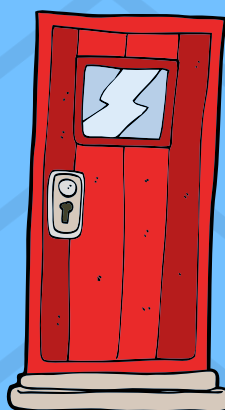
Maria Chiru*
Angela Culham

Counselling Team

Lee Covington*
Suzanne Friedrich
Ken Inbar
Sandra Lebalnc
Theresa Payne
Allison Grey
Katie Torresan
Katrina Kerr
Judy Hawley

Youth Program

Dana Fontaine



* left during fiscal year

Mission Statement & Values



We make it possible for Lanark children and youth with mental health needs to live, learn and thrive.

We believe that:

- Children and youth with mental health needs have a right to the highest quality professional service;
- Mental health treatment services are best delivered within a partnership framework with families, community and service providers;
- Child and youth mental health needs are real and we provide professional services that work;
- Behaviour is communication;
- Mental health needs are a complex interaction of the child/youth with their family, their environment, their communities and their experience;
- Mental health is a key indicator and driver of overall health and well being;
- Mental health is a core component of all systems that affect children and youth.



Grants, Donations & Funding

**Jane Torrance
C.Prolrc**

**The Civitan Club of Almonte
Canada Helps**

**The Staff of Open Doors of Lanark Children and Youth
Monika Henry (Finders Keepers)**

Mood Disorders Society of Canada

Smiths Falls & District Collegiate Institute

The United Way

Children's Mental Health of Leeds & Grenville

Children's Mental Health Ontario

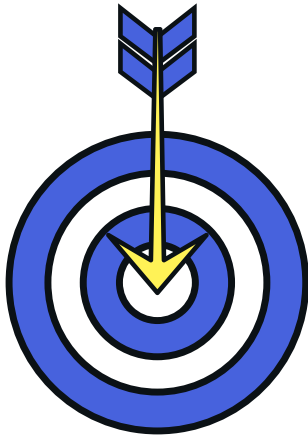
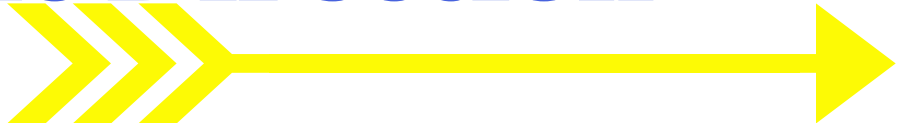
Upper Canada District School Board

**Province of Ontario Ministry of Child and Youth Services
Ministry of Education**

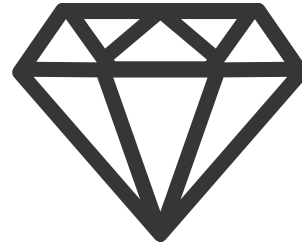


**THANK
YOU**

Strategic Direction



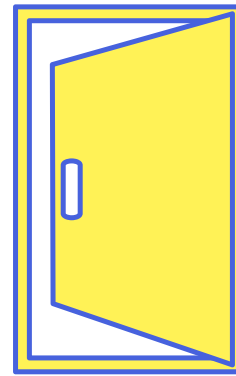
Create and Share Excellence



Progressive Organizational Practices



Strengthen Partnerships



Improve Access to Service



2017/2018

Board of Directors

Chairperson - Terri Brady

Vice Chairperson - Mahad Hassan

Treasurer - Scott McIntyre

Members - Abby Armstrong, Deanne Carter, Heather Church

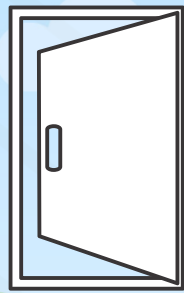
Pursuing Excellence Through...



Feedback Informed Treatment



Cutting edge training opportunities for staff



Accessible Services



Single plan of care



Collaboration with community partners



Program evaluation and research to contribute to best practice



Family-focused care



**An environment that
is equitable and
inclusive**

Statement of Operations

for the year ending March 31st, 2018

Revenue	2016-17	2017-18
Ministry of Children & Youth Services—Operating	2,449,149	2,494,737
Ministry of Education	59,050	63,639
Funding for Special Projects	52,363	12,317
Recoveries & Misc. Receipts	55,993	50,644
Total	2,616,555	2,621,337

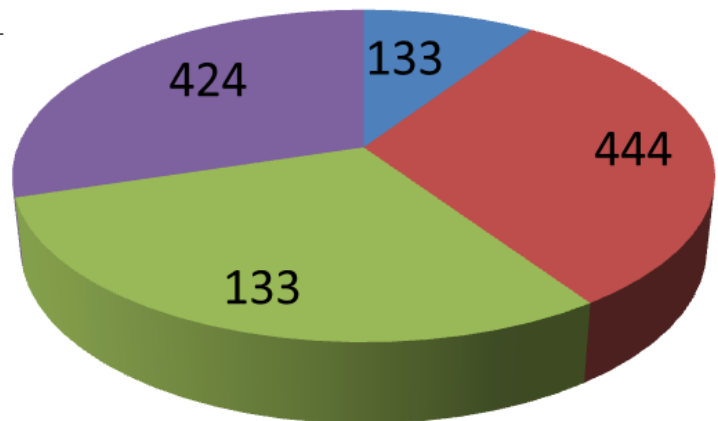
Expenses	2016-17	2017-18
Salaries	1,721,162	1,748,489
Employee Benefits	384,456	388,330
Employee Benefits—Vacation Accrual	(32,045)	(18,542)
Client Personal Needs	5,678	646
Insurance/Membership fees	25,363	25,445
Occupancy costs	156,676	171,885
Office Supplies/Equipment	49,513	36,031
Professional fees	64,067	22,413
Program Expenses	11,673	9,529
Publicity & Promotion	6,470	7,767
Purchased Services—Client Needs	12,505	15,760
Recruitment/Education	28,242	45,891
Residential Services—Client Needs	4,066	35,454
Technology	60,860	38,217
Telephone/Communications	10,943	3,540
Travel & Meetings	66,016	69,899
Total	2,575,645	2,600,754
Excess (deficiency) of revenue over expense for the year	40,910	20,583

Making a Difference

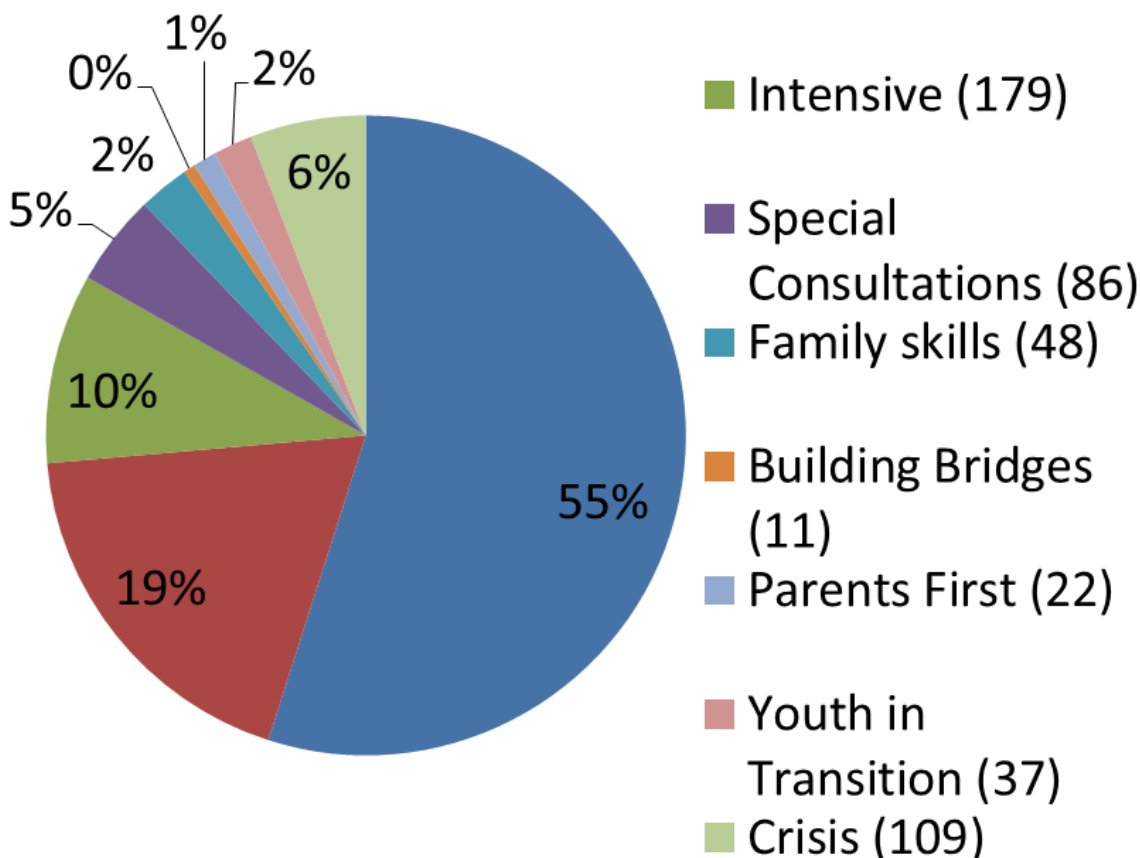
Service Activity Report April 1 2017- March 31, 2018

Note: Clients often receive more than one service, for example Brief Services and Counselling Services

served



Service Types



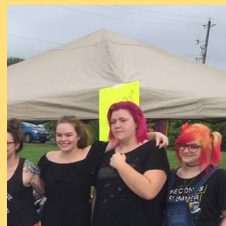
Open Doors in the Community



2018 Youth Recognition Awards



Perth Pride Parade 2017



Sidewalk Sale

Youth Engagement

Summer 2017

