



CARLETON PLACE
130 Lansdowne Ave., Unit 10
Carleton Place, ON K7C 2T7

PERTH
40 Sunset Blvd. Suite 123
Perth, ON K7H 2Y4

SMITHS FALLS
88 Cornelia Street West, Unit A1
Smiths Falls, ON K7A 5K9

Parent Info Night

Self-Harm

Open Doors will be offering a parent information night on *Self-Harm* on Monday December 2nd in Smiths Falls.

This information night aims to shed light on self-injury behaviour in youth for parents. Discussion will include the experience and motivations of those who intentionally injure themselves, common misconceptions around self-harm and the biological effects it has on the brain, and strategies for working with and helping youth who struggle with this complex issue.

Date: Monday December 2nd, 2019

Time: 6pm to 8pm

Location: Open Doors Smiths Falls Office
88 Cornelia St, Smiths Falls, Unit A1

Pre-registration is required. Space is limited.

Please call 613-283-8260 to register

www.opendoors.on.ca