



Welcome to Open Doors

Open Doors for Lanark Children and Youth is funded by the Ministry of Health and all services are **without fee**. We have offices in Smiths Falls, Carleton Place and Perth. Open Doors is an accredited children's mental health agency (*Canadian Centre for Accreditation 2016*).

While our services begin with a talk-in/walk-in session we have a range of different mental health services you can find detailed on our Website. You can also request for this to be emailed as well as discuss with your clinician at the Talk-In/Walk-In.

How we work and what you can expect:

- Open Doors enables children and youth with mental health needs to live, learn and thrive.
- Open Doors believes in treating all people with respect and dignity regardless of race, religion, culture or sexual orientation.
- Open Doors believes that the best way to work with children, youth and families is in partnership.

What is expected of you as a client of Open Doors?

- What we ask is that you attend appointments as scheduled, or that you contact us if you are unable to attend.
- For services that are ongoing if you miss an appointment, we hope you will call to reschedule. We will call to follow-up your first missed appointment but if you miss another and do not call within two weeks, we will assume that you are no longer needing our services and we will close your file.

What can you do in the case of an Emergency?

- Open Doors does not have an afterhours service. We are open until 8:00pm on Tuesdays addition to our regular hours (8:30-4:30). If you experience an emergency, call 911 or proceed to your nearest hospital. Let us know the next working day so that we can follow-up and ensure our response is coordinated with any emergency service you access.

What if your situation changes while you are waiting for service?

- **CALL AND LET US KNOW.**

How can you contact Open Doors?

- Carleton Place 613 257 8260
- ☒ Smiths Falls 613 283 8260
- Perth 613 264 1415
- Toll free number: 1 877 232-8260

– Current hours of operation: Monday to Friday 8:30am – 4:30pm and Tuesdays 8:30am to 8:00pm

Some Questions you might have....

Are these services confidential? The short answer is YES!

HOWEVER,

There are times when staff will not be able to maintain confidentiality:

- If you tell anyone about a child (under the age of 16) being abused in any way, we must, by law, report that information to the Family and Children's Services of Lanark, Leeds and Grenville.
- Also, if you tell us you intend to harm yourself or someone else, we will tell someone in order to help you be safe.
- And sometimes, our workers are subpoenaed to court, although this rarely happens.

Children 12 years of age and older do have a right to confidential counselling. We usually advise them to involve their parents but legally, they can get counselling without parental permission.

Do we keep records? Again, the short answer is YES!

We do collect personal information about you and your family directly from you or from the person acting on your behalf. We use your personal information to plan your care, manage our programs, compile statistics and comply with legal requirements.

Our Counsellors take notes every time they meet with you in order to help with the counselling process. You are welcome to look at your file. Please contact Privacy Officer Kevin Clouthier to complete a request by calling any of our offices (see reverse).

How long do we keep records?

We are required to keep your records for 20 years after the file is closed. (*PHIPA, 2004*)

What if you have a problem?

If you are not satisfied with the services you are receiving, please talk directly to your worker. If you are uncomfortable doing so, you can request to speak with the Team Leader, Clinical Director or Executive Director by calling any of our offices (see reverse). If you are still unable to resolve your issue, you may contact the Advocacy Office c/o The Ministry of Children and Youth Services at 1 800 721 9909.

What if I need more specialized help?

We work closely with the Children's Hospital of Eastern Ontario, the Royal Ottawa Mental Health Centre and Hotel Dieu in Kingston. These three hospitals have a range of psychiatric services that may be accessed. We are able to link and assist with the provision of assessments, consultation and sometimes, hospitalization. In addition, we are able to access Tele-psychiatry through the Ontario Tele-Health Network.

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